

# CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Noble Naomi

Coaches: Blom Dieter

Coaches: Moentjens Ann HEADCOACH

Coaches: Wielandt Pieter

Coaches: Van Breusegem Mathias

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

| Event number: 35: 200M BREASTSTROKE MEN 15+  |           |           |           |           | Heat:4, starttime: 09:30                                  |
|----------------------------------------------|-----------|-----------|-----------|-----------|-----------------------------------------------------------|
| Heat: 4/7 Lane : 1 Athlete: SLOS ROBBIE      |           |           |           |           | Q-time: 02:37:55                                          |
| PB (50m pool): 02:37.55 Antwerpen 22/03/2026 |           |           |           |           | PB (25m pool): 02:29.67 SB: 02:37.55 Antwerpen 22/03/2026 |
|                                              | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M   |                                                           |
| PB                                           | 00:35.59  | 01:15.38  | 01:56.56  | 02:37.55  |                                                           |
|                                              | 00:35.59  | 00:39.79  | 00:41.18  | 00:40.99  |                                                           |
|                                              | . . . . . | . . . . . | . . . . . | . . . . . |                                                           |

Coach feedback:

| Event number: 35: 200M BREASTSTROKE MEN 15+  |           |           |           |           | Heat:4, starttime: 09:30                                  |
|----------------------------------------------|-----------|-----------|-----------|-----------|-----------------------------------------------------------|
| Heat: 4/7 Lane : 8 Athlete: VAN TRICHT FINN  |           |           |           |           | Q-time: 02:37:69                                          |
| PB (50m pool): 02:36.20 Antwerpen 21/07/2024 |           |           |           |           | PB (25m pool): 02:32.15 SB: 02:37.69 Antwerpen 08/03/2026 |
|                                              | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M   |                                                           |
| PB                                           | no time   | no time   | no time   | 02:36.20  |                                                           |
|                                              | no time   |           |           |           |                                                           |
|                                              | . . . . . | . . . . . | . . . . . | . . . . . |                                                           |

Coach feedback:

| Event number: 37: 100M BACKSTROKE MEN 15+    |           |           |  |  | Heat:5, starttime: 10:11                                              |
|----------------------------------------------|-----------|-----------|--|--|-----------------------------------------------------------------------|
| Heat: 5/13 Lane : 6 Athlete: VERHEYDEN VINZ  |           |           |  |  | Q-time: 01:05:62                                                      |
| PB (50m pool): 01:05.62 Antwerpen 27/07/2025 |           |           |  |  | PB (25m pool): 01:03.34 SB: 01:05.80 Lago Gent Rozebroeken 03/05/2026 |
|                                              | 5 0 M     | 1 0 0 M   |  |  |                                                                       |
| PB                                           | 00:31.41  | 01:05.62  |  |  |                                                                       |
|                                              | 00:31.41  | 00:34.21  |  |  |                                                                       |
|                                              | . . . . . | . . . . . |  |  |                                                                       |

Coach feedback:

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| Event number: 39: 200M FREESTYLE MEN 15+     |         |          |         |          | Heat:3, starttime: 11:14                                  |
|----------------------------------------------|---------|----------|---------|----------|-----------------------------------------------------------|
| Heat: 3/19 Lane : 4 Athlete: LIEVENS TIEBE   |         |          |         |          | Q-time: 02:09:92                                          |
| PB (50m pool): 02:09.92 Lochristi 01/02/2026 |         |          |         |          | PB (25m pool): 02:07.83 SB: 02:09.92 Lochristi 01/02/2026 |
|                                              | 5 0 M   | 1 0 0 M  | 1 5 0 M | 2 0 0 M  |                                                           |
| PB                                           | no time | 01:02.88 | no time | 02:09.92 |                                                           |
|                                              | no time |          |         |          |                                                           |
|                                              | .....   | .....    | .....   | .....    |                                                           |

Coach feedback:

| Event number: 39: 200M FREESTYLE MEN 15+        |          |          |          |          | Heat:6, starttime: 11:22                                              |
|-------------------------------------------------|----------|----------|----------|----------|-----------------------------------------------------------------------|
| Heat: 6/19 Lane : 7 Athlete: VANCAYZEELE THIBAU |          |          |          |          | Q-time: 02:08:82                                                      |
| PB (50m pool): 02:08.82 Antwerpen 13/07/2025    |          |          |          |          | PB (25m pool): 02:05.83 SB: 02:12.78 Lago Gent Rozebroeken 03/05/2026 |
|                                                 | 5 0 M    | 1 0 0 M  | 1 5 0 M  | 2 0 0 M  |                                                                       |
| PB                                              | 00:30.39 | 01:03.71 | 01:37.02 | 02:08.82 |                                                                       |
|                                                 | 00:30.39 | 00:33.32 | 00:33.31 | 00:31.80 |                                                                       |
|                                                 | .....    | .....    | .....    | .....    |                                                                       |

Coach feedback:

| Event number: 39: 200M FREESTYLE MEN 15+     |          |          |          |          | Heat:8, starttime: 11:28                                              |
|----------------------------------------------|----------|----------|----------|----------|-----------------------------------------------------------------------|
| Heat: 8/19 Lane : 6 Athlete: VAN TRICHT FINN |          |          |          |          | Q-time: 02:07:46                                                      |
| PB (50m pool): 02:07.46 Antwerpen 27/07/2025 |          |          |          |          | PB (25m pool): 02:03.86 SB: 02:08.61 Lago Gent Rozebroeken 03/05/2026 |
|                                              | 5 0 M    | 1 0 0 M  | 1 5 0 M  | 2 0 0 M  |                                                                       |
| PB                                           | 00:28.96 | 01:00.97 | 01:35.32 | 02:07.46 |                                                                       |
|                                              | 00:28.96 | 00:32.01 | 00:34.35 | 00:32.14 |                                                                       |
|                                              | .....    | .....    | .....    | .....    |                                                                       |

Coach feedback:

| Event number: 39: 200M FREESTYLE MEN 15+     |          |          |          |          | Heat:9, starttime: 11:30                                  |
|----------------------------------------------|----------|----------|----------|----------|-----------------------------------------------------------|
| Heat: 9/19 Lane : 7 Athlete: BEERNAERT DAAN  |          |          |          |          | Q-time: 02:06:89                                          |
| PB (50m pool): 02:06.89 Antwerpen 19/04/2026 |          |          |          |          | PB (25m pool): 02:09.49 SB: 02:06.89 Antwerpen 19/04/2026 |
|                                              | 5 0 M    | 1 0 0 M  | 1 5 0 M  | 2 0 0 M  |                                                           |
| PB                                           | 00:30.08 | 01:02.41 | 01:35.58 | 02:06.89 |                                                           |
|                                              | 00:30.08 | 00:32.33 | 00:33.17 | 00:31.31 |                                                           |
|                                              | .....    | .....    | .....    | .....    |                                                           |

Coach feedback:

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|                                             |           |                                                      |
|---------------------------------------------|-----------|------------------------------------------------------|
| Event number: 41: 50M BUTTERFLY MEN 15+     |           | Heat:5, starttime: 12:17                             |
| Heat: 5/24 Lane : 7 Athlete: BEERNAERT DAAN |           | Q-time: 00:28:90                                     |
| PB (50m pool): 00:28.90 Gent 08/02/2026     |           | PB (25m pool): 00:30.37 SB: 00:28.90 Gent 08/02/2026 |
|                                             | 5 0 M     |                                                      |
| PB                                          | 00:28.90  |                                                      |
|                                             | 00:28.90  |                                                      |
|                                             | . . . . . |                                                      |

Coach feedback:

|                                              |           |                                                      |
|----------------------------------------------|-----------|------------------------------------------------------|
| Event number: 41: 50M BUTTERFLY MEN 15+      |           | Heat:10, starttime: 12:22                            |
| Heat: 10/24 Lane : 5 Athlete: VERHEYDEN VINZ |           | Q-time: 00:28:11                                     |
| PB (50m pool): 00:28.11 Gent 08/02/2026      |           | PB (25m pool): 00:28.74 SB: 00:28.11 Gent 08/02/2026 |
|                                              | 5 0 M     |                                                      |
| PB                                           | 00:28.11  |                                                      |
|                                              | 00:28.11  |                                                      |
|                                              | . . . . . |                                                      |

Coach feedback: